

Curiosity: The neglected trait that drives success



Curiosity

The definition of curiosity is "the desire to know something" which is why much research has concerned its benefits for education. Exploring your curiosity can be incredibly good for your mind, with benefits for learning, creativity and job enjoyment.

Benefits of curiosity

1 Workplace

Curiosity at the workplace increases engagement and job enjoyment.

3 Education

The level of curiosity determines academic success. It makes information that we are more curious about more deeply encoded and easily accessible.

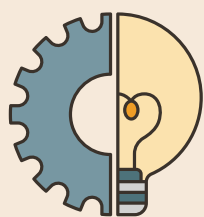
2 Idea-linking

The process of idea-linking, which is associated with curiosity, creates more original and innovative ideas.

4 Well-being

Curiosity makes people more open to hearing others' opinions which leads to more productive disagreements.

Curiosity at the workplace



Higher use of innovation



Better colleague relationships



Lower feelings of burnout



Higher job satisfaction

Cultivating curiosity

In employees

More independence creates curiosity.

Individually

Identifying the holes in your knowledge.

Individually

Compiling a list of questions you want to answer.